

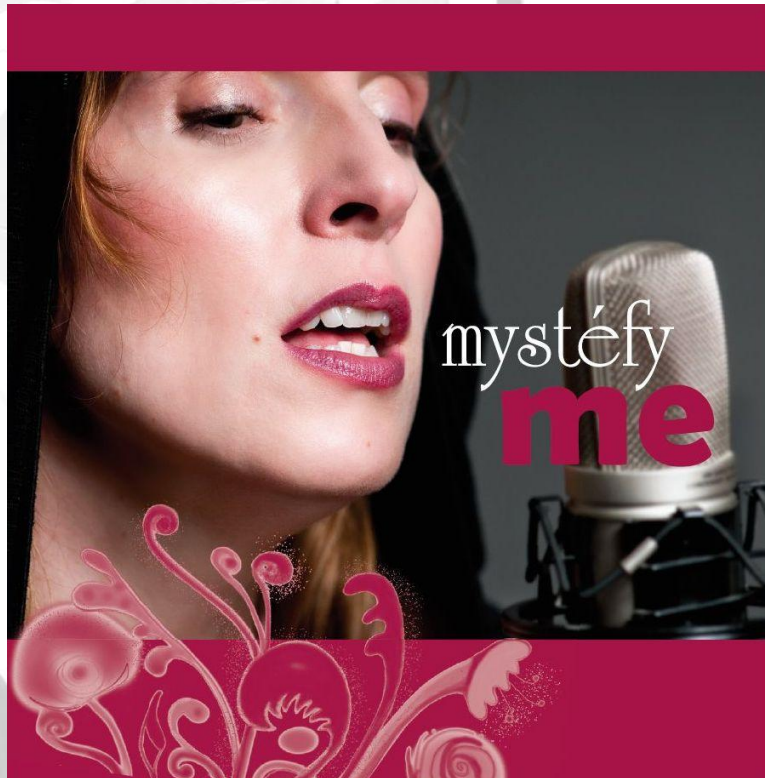
mystéfy **me**



This German born Canadian resident is a true storyteller. After the highly acclaimed debut CD 'Spark Within', Mystéfy continues her musical journey with 'Me': Unvarnished and intimate are the songs she wrote for her new album. This doesn't imply all tunes on 'Me' are autobiographical – but everything Mystéfy composes and sings about relates to her, and reflects impressions and experiences Mystéfy has shared and lived through. Stories happening in her world, mostly true, sometimes altered, exaggerated or told in a witty fashion.

Mystéfy is highly intuitive and sensitive to her surroundings and easily picks up vibes – this is why her lyrics are intense, her songs are touching yet put listeners at ease. Mystéfy embraces what we humans are made of: She is close to our emotions.

Also, Mystéfy is a practitioner – and this reflects on her life and music. She is your nice-neighbor-next-door kind of artist, no diva, no jazz singer who goes out to revamp the same old songs. Alas, she sang jazz standards, on many stages, and has a repertoire of over a hundred of them. But it wasn't enough. With her classically trained voice and a range of over 3 octaves, she prefers to charm listeners with self-penned songs. Also, she loves to entertain. Her secret – the artist names says it all: Mystéfy is a mystic by soul. An emigrant and hence a natural at being home in different worlds, she is a spiritual being, a singer/songwriter, and a passionate painter. No surprise then that she has access to a greater artistry palette than many others. Mystéfy also loves horseback riding, her garden and feels at home anywhere near water – be it an ocean or a mere creek. The zodiac sign of this visionary mermaid? Almost needless to say: Piscean – the fishes!



on music

All of Mystéfy's tunes – even if she didn't realize it herself – are love songs in one way or another. Not the cheesy average kind – this would be yesterday's news. We're talking tunes broaching the issue of a 'love of life' – Mystéfy's very own spirituals, if you will.

They remind us of those forgotten by our society, such as Canadian Aborigine women who go missing by the hundreds: In 'Sisters in Spirit' these women get a bit of the attention and love they deserve.

'Big Secret' on the other hand deals with sexual abuse, the hypocritical 'loving' bond demanding secrecy, and the inner strength and self-respect necessary to break vicious cycles, and stop being a victim. 'East Of The Sun' tells the tale of a loving friendship. 'I Close My Eyes' speaks of unsatisfied love; 'Creatures' sketches the exaggerated love of pets in a hilarious way, 'Healing Hands' is a symbol for true love and 'Wait for Me' shows hopelessly romantic love while 'Learn Just To Be' puts love and faith into relation.

Another Mystéfy Spiritual is 'It's A Beautiful Day' – appealing to live your dreams, and 'Art By Heart' is an amusing approach of a loving relationship; 'Magic Moments' preaches love of the moment – the art of being, while 'We are through' is a true swan song about a romance gone wrong.



„Me“ emerged as a demo version from Mystéfy’s home recording studio in her Ottawa/Canada basement (equipped with microphone, percussion, e-piano/keyboard and Cubase-Software). Tim Allhoff, based in Augsburg/Germany, was responsible for the arrangements and acted as co-writer, but all lyrics and the better part of music were penned by Mystéfy: „A terrific collaboration via MP3 and Skype conference across the ocean – truly ‚songwriting of the advanced stage“.

The final twelve tunes were then recorded ‘as live’ over merely two days in Bremen with a core band. Apart from Mystéfy (vocals) and Tim Allhoff (e-Piano/ grand piano) the musicians were Knuth Jerxsen (percussion) and again Dieter Ilg (who also played on “Spark Within”) on upright bass. Several guest musicians came in, such as Oliver Spanuth (drums), flugelhornist Joern Anders and Volker

Bruder (soprano & alt saxophone). Cellist Raphael Zweifel acted as ‚virtual band member‘ – sending his string parts as audio files from Nice, France.

The final word is a quote from Germany’s COSMOPOLITAN magazine on Mystéfy “Me” (Nov. issue 2010): „The songwriter Mystéfy sings about the love of life – in a relaxed manner and without kitsch. Soft, self-penned jazz songs that are touching...” – ENJOY.

CD: Mystéfy ‘Me’ · (p) 2010 Mystéfy & Phoenix Music Group · (c) 2010 Mystéfy · www.mystefy.com · released by Silversonic Rec. LC-Nr. 13548 - a division of Phoenix Music Group Germany in cooperation with Mystéfy · distributed by H'Art Musik Vertrieb · Order-No.: PMG SC 10-01-15-1 · Release date Germany/Austria/Switzerland: September 24, 2010 – release date in all other territories via CD BABY as of March 4, 2011.

All music & lyrics written by Mystéfy · Title 1-3, 5, 7-11 music written by Mystéfy & Tim Allhoff · Mystéfy: Lead & Backing Vocals · Tim Allhoff: Piano · Dieter Ilg: Upright Bass · Knuth Jerxsen: Percussion · Raphael Zweifel: Cello & solo ‘I Close My Eyes’, Cello: ‘Wait For Me’/‘Learn Just To Be’ · Jörn Anders: Fluegelhorn ‘Art By Heart’/ ‘East Of The Sun’ · Volker Bruder: Soprano Sax ‘Healing Hands’, Alto Sax ‘Magic Moments’ · Oliver Spanuth: Drums ‘It’s A Beautiful Day’ · Strings arranged by Tim Allhoff · Produced by Friedrich Thein & Mystéfy · Recorded, engineered and mixed by Friedrich Thein @ Thein Studios, Bremen · Mastering: Ralph Kessler, Pinguin

Audio/Video-Files and more information on www.mystefy.com

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